

Si desea esta información en español  
llame al 676-6456



CONTACT US

Main Office: 360-676-6446



OFFICE HOURS

Main Office: 7:00 - 3:30  
Attendance: 7:30 - 3:00



# The Sunnyland SCOOP

SUNNYLAND ELEMENTARY SCHOOL • 2800 JAMES STREET, BELLINGHAM WA 98225 • 360-676-6446

October 2017

## A Note From the Principal

Dear Sunnyland Families,

It's difficult to believe we are headed into October so quickly. Students and teachers have settled in to a solid routine of learning and expectations. We have three principles that the adults use to help students guide their behavior:

- Show Respect
- Make Good Decisions
- Solve Problems

We will soon begin the process of revising what those three principles look like in every area of the school. After revision, we will reteach the expectations to students. When adults and students have the same understanding of the expectations and the opportunity to practice the expectations, chances for success are much higher!

One of our intentions for the 2017-2018 school year is to overlay Leader in Me language and concepts to our already existing frameworks to bring great cohesion for our school community. Showing Respect can be seen in Habit 1 - Be Proactive, Habit 4 - Think Win-Win, Habit 5 - Seek First to Understand, Then to be Understood, and Habit 6 - Synergize. Make Good Decisions can be seen in Habit 1 - Be Proactive, Habit 2 - Begin With the End in Mind, and Habit 3 - Put First Things First. Solving Problems can be seen in all seven habits! Throughout the year there will be more opportunities for you to learn more about The Leader in Me. For now, if you'd like to learn more I would recommend the book [The 7 Habits of Happy Kids](#) or visit the website <http://www.theleaderinme.org/parents/>.

Thank you so much for the opportunity to partner with you in your student's education. We're grateful for that partnership!

Please feel free to contact me at any time with questions or comments at 360-676-6446 or [lynn.heimsoth@bellingshamschools.org](mailto:lynn.heimsoth@bellingshamschools.org).

Principal Lynn

### Upcoming Dates

- Oct 5th—Scrip Orders Due
- Oct 9th Individual Picture Day
- Oct 17th—Kindergarten to the Pumpkin Patch
- Oct 18th—PTA Meeting & Community Dinner 5:30 -7:30
- Oct 20th—NO SCHOOL Teacher Workday
- Oct 24th—5th grade Water Treatment Plant Field Trip
- Oct 25th—5th grade Water Treatment Plant Field Trip
- Oct 26th—Coffee & Conversation 8:15-9:15
- Oct 27th—Dental Van at Sunnyland
- Oct 27th—Harvest Carnival 6-8 pm
- Oct 31st—4th grade Writing Celebration 8:30-9:00 & 1-1:30.

## School Celebration Guidelines



### What Works Well

Having fun, celebrating, and helping kids feel special without food. Surveys show kids love prizes and extra privileges!

Teaching and modeling healthy food choices during those times when classroom celebrations *do* involve food. Our food values and Wellness Policy can help guide what food is offered.

Hosting classroom celebrations that teach and honor the diversity of each school community.

### What Doesn't Work Well

Using food to celebrate individual birthdays.

Using food as rewards for student behavior, academic performance or accomplishments.

Hosting classroom celebrations that include food/beverages before the school lunch period.

## Sunnyland Social Media

Please follow us on:

Facebook: <https://www.facebook.com/sunnylandelementary/>

Instagram: <https://www.instagram.com/sunnylandlions/>



Follow us on  
**Instagram**



## Gardening with Common Threads

Fall is such an exciting season in the garden: Kids are harvesting, seed-saving, planting cover crops to make healthy soil, and covering our garden beds with mulch to protect from the coming winter rains... We are welcoming volunteers! There are LOTS of ways to get involved. Please let me know if you're interested: [blair@commonthreadsfarm.org](mailto:blair@commonthreadsfarm.org)

Upcoming garden tastings will include tomatoes, beets, radishes, kale, and peas. This month, please join us for the **8th Annual Harvest Dinner, Thursday, October 26, 5-7pm at Whatcom Middle School Cafeteria**. A seasonal menu will feature foods grown, prepared and served by kids involved in our programs! The whole family will enjoy live entertainment including craft activities, string band music, garden tours, and the Community Food Co-op's Real Food Show! Please visit our website for more info: <https://commonthreadsfarm.org/events/>





# Rebound Roots Program

Empowering and Restoring Children & Families

FALL SESSION

OCTOBER 2017 - DECEMBER 2017

## Roots Family Enrichment Program (Parents)

### Building Relationships & Support

*Popular opinion says that we have to choose between expecting our kids to follow the rules and having a close relationship. We believe you can achieve both. Somewhere in between letting the kids rule the roost and ruling with an iron fist, we discover a balanced design for the parent/child relationship. What parents can expect from the classes:*

*Develop communication skills that build strong family relationships*

*Learn and Use the behavior management system used with the kids*

*Ability to help kids manage their own behavior*

*Connect with other parents and share ideas*

*Individual/family support such as case management and community resources*

## The Roots Kids Program

*Support group for kids that teaches the life skills necessary to understand, talk about, and cope with what is happening in their lives in healthy, positive ways. What kids can expect from Roots participation:*

*Learn to manage their own behavior*

*A common language that coincides with parent learning*

*Support system that is consistent*

*FUN!*

### Dates and Locations

**Blaine – Wednesdays – 6-8pm**

**Start Date October 4<sup>th</sup>**

**Bellingham – Thursdays – 6-8pm Start**

**Date October 5<sup>th</sup>**

**Nooksack – Tuesdays-6-8pm**

**Start Date October 10th**

### What is included?

Free Meal

Parent Enrichment Classes

Children’s Program

Nursery Care if Needed

Suggested donation - \$5.00 per class  
(A \$90 weekly value per family!)

### Need more info?

**Contact:** Shelli Wood ([shelli@reboundfamilies.org](mailto:shelli@reboundfamilies.org))

360-603-9459 (desk) or 360-714-0700 ext. 4(main office)

# October Hitch-Hikers

As we welcome back students, sometimes they have less-than-welcome hitch-hikers coming along with them. Head lice show up on students more often after a long break like summer vacation. This is because they spread from head to head contact during play or sleep-overs which happen more often in the summer time. Then they first get noticed in the classroom when students are sitting still and being observed as they do their classroom tasks.

About head lice:

Anyone with clean or dirty hair can get head lice.

Head lice are common and live on a head for about month before the itching starts, usually the first sign that gets them noticed. Chances of transferring them to another person are not any higher just because of discovery. An itchy scalp may continue after treatment.

It is less likely for head lice to be passed between students during school time because of the precautions in place to reduce this possibility. Studies indicate that most (about 90%) head lice cases originate somewhere other than at school.

Head lice need to feed frequently and cannot live long if they fall off a head.

They do not hop, jump or fly. They can only crawl, and have unique curved feet for grasping hairs. They cannot stick or climb up smooth surfaces like other insects.

Nits (eggs) are laid within ¼” of the scalp and will hatch in about 7 days. Lice treatment products help kill and remove lice but you still must physically remove lice and nits by combing or picking them out. Nits on hairs that fall off can't hatch as the warmth of the scalp is needed.

What you can do:

Check your child about once a month for signs of lice or nits in the hair.

Teach them not to share hats, scarves, or hair items and to avoid head-to-head contact.

Long hair can be braided or pulled back to reduce accidentally brushing against others.

If you find head lice or are notified that your child is suspected of having them, do not panic. They do not carry disease and there are effective ways to get rid of this pest.

What we do if head lice are suspected on a student:

Parents/Guardians of the student are called and treatment options are discussed. The student will be reminded not to share hair items or have head to head contact and can go home as usual at the end of the day. They should be treated that evening and can return to school the next day, once treated. In most situations, a student will not need to be absent because of head lice.

For communication purposes, if a classroom has two or more students with infestations, other parents at that grade level will be notified that head lice have been an identified at school. Identities of students are never disclosed in this notification.

If your family is having difficulty getting rid of head lice, or cost of treatment is a problem, please contact your school nurse for help and support.

For more information on how to treat lice, please see visit the school's website.

Click on the Family's tab and scroll down to health information. More information about head lice and treatment can also be found on the website at [www.cdc.gov/lice](http://www.cdc.gov/lice) .

## Title I School Wide Program

As a Title I school, we follow federal regulations that allow you to learn more about your child's teachers' training and credentials. We are happy to provide this information to you! At any time, you can ask:

whether the teacher met state qualifications and certification requirements for the grade level and subject he/she is teaching, whether the teacher received an emergency or conditional certificate through which state qualifications were waived, and what undergraduate or graduate degrees the teacher holds, including graduate certificates, additional degrees, and major(s) or area(s) of concentration.

You can also ask about paraprofessionals working with your child in reading, writing, and/or math. If you don't know if your child gets extra help, just ask!

### Required Notification: Citizen's Complaint Process:

It is a requirement that we inform families of the formal complaint process for resolving issues of violation of a Title I Federal regulation. If you have a concern with Title I services and/or regulations we encourage you to contact your child's Title I teaching team, your school's principal and/or the district's Title I office (676-6542). You can also access the Citizen's Complaint Process through the Office of the Superintendent of Public Instruction (OSPI) in Olympia. Forms are available in the office and the links below have all of the information for filing a complaint through OSPI.

Links for citizen's complaints should be placed on Title I documents for parents and community

<http://www.k12.wa.us/TitleI/CitizenComplaintFederalPrograms.aspx>

<http://www.k12.wa.us/TitleI/CitizenComplaintOSPI.aspx>

## What is Title I?

Title I, Part A of the Elementary and Secondary Education Act (ESEA) provides financial assistance to states & school districts to meet the needs of educationally at-risk students. The goal of Title I is to provide extra instructional services & activities which support students identified as failing or most at risk of failing the state's challenging performance standards in mathematics, reading and writing.

**What will Title I do for my child?** The Title I will provide your student with extra educational assistance and staff beyond the regular classroom.

**How does our school receive Title I money?** First, the federal government provides funding to each state. Then each State Educational Agency sends money to its school districts. How much money each school receives is determined by the number of low-income students attending that school.

**Title I Schools-Services Provided:** Set goals, for improving skills, measure student progress, and develop programs.

**Parent Involvement is important and vital to the success of your child:** Begin by volunteering in your child's classroom, read to them regularly, have a variety of books available, take them to the library, come and join the PTA.

## Title I Notification

Did you know that Sunnyland is a Title I school? Title I federal funding is allocated to schools based on the amount of students who receive free or reduced school lunches. We are one of six schools in Bellingham that qualify for this funding. Title I monies at Sunnyland pay for our outstanding K-5 literacy support for students who need extra help learning to read and write with proficiency. The salaries of our Reading teachers – Lisa D'Hondt and Lisa Cassidy as well as instructional aide time with Nancy Clark and Sheryl Razore come from this funding. This summer Title I money paid for a summer reading program where books were mailed to students who were getting Title 1 services last year. Throughout the year, we use this resource to help us pay for extended day reading or math groups and lots of powerful professional development for our staff. Throughout the year, our Title I staff sends written notification to parents when their child qualifies or exits Title I programs. These programs include Read 180, small group instruction in Leveled Literacy Instruction, and individual lessons. If you have any questions about this wonderful program please give our Title I office a call at 676-6440 X5626.

## DISABILITY HISTORY MONTH

The purpose of observing Disability History Month is to encourage students to respect individuals with disabilities rather than pity them, to focus on their strengths and to promote understanding rather than stereotypes. Students are encouraged to recognize the whole person rather than just an individual's disability.

Bellingham Public Schools believes that every child can learn at high levels and that diversity enhances a strong and healthy community. While observing Disability History Month as required by law during the month of October, our district proudly serves and supports students with disabilities birth through age 21 in an inclusive general education environment with their peers as much as possible. Our schools recognize and celebrate students with disabilities year-round, and educate all students and families to [foster greater awareness and understanding of individuals](#) with disabilities during school assemblies, class projects or school-to-home communications. This includes the opportunity to learn how people with disabilities have been treated throughout history, how they have been instrumental in changing history and/or how they became active participants in changing societal attitudes about their needs, desires and capabilities.